

## Staff Picks: You Eat

Are you new to San Diego or maybe you're returning wanting something different? Well, we've got you covered! Try any of these recommendations, favorites from yours truly, the staff and board of Young Audiences of San Diego! Enjoy!

Hoping to catch what's good closer to the conference? Look no further! Good Chinese food is hard to find, but **Panda Inn** is a great choice! Try their honey walnut shrimp! Go to **Bandar** for Persian cuisine and great portions! If you can handle your portions, try **Rei de Gado** or **Fogo de Chao** for all-you-can-eat Brazilian BBQ! Sashay your way to **RA Sushi** for some trendy bites and drinks, and after 10 p.m., you'll catch their happy hour! **The Lion's Share** is home to great craft cocktails and provisions!

Being by the beach can make any of us a little lazy, so warm up and wake up to some coffee at any of our famous coffee houses, like **Lestat's** or **Dark Horse Coffee Roasters**, both in Normal Heights. Take a drive toward the beach and try **Bird Rock Coffee Roasters** or **The Coffee Cup** (they also serve breakfast), both in La Jolla. Speaking of breakfast, give **Original Pancake House** or **The Big Kitchen** a try!

You can't come to San Diego without having any of its world-class beer? **Ballast Point Tasting Room & Kitchen**, in Little Italy serves up great food with their award-winning beer. Just a cold brew will do? Try **Greenflash Brewery**, **Societe Brewing**, or the **Belching Beaver**! If you're looking for variety, many a taprooms exist like **Tiger! Tiger!**, **Toronado**, and **Hamilton's Tavern** where their grilled cheese sandwiches make you feel 10 again, but the beer selection will make you glad you're still at least 21.

Beer isn't your thing? Well, we may know our craft beer, but we also know our craft cocktails. Venture out to **Craft & Commerce** where they don't believe in vodka and ketchup, but they believe in good food and drinks. If you're a whiskey drinker, **Seven Grand Whiskey** is a good choice, or try **The Aero Club**, who carries so many whiskeys and other liquors, their menu is a table of contents! And right down the street from here is **Starlite Lounge**, the best mule you'll have this side of town.

Great views in San Diego are not hard to find. Enjoy California cuisine at **The Prado** before or after your stroll through Balboa Park. Nothing is more magical than being right on the water. **Blue Water Seafood Market & Grill** or **Point Loma Seafood** serve their daily catches all through a walk-up counter. For some fancier delights, **Island Prime** has some of the best steaks and sides around! On a budget? Just go upstairs to their cozier sister restaurant, **C-Level**! Also, just down the street is **Tom Ham's Lighthouse**!

Don't let the sun and seashore get you wrong—San Diego knows its Italian food! If you don't have time or budget to head down to Little Italy for some **Buon Appetito** (or **Saffron** if you're not into Italian), head to **Filippi's** for this town's well-known secret. This family-owned restaurant is a gem with authentic meals and a wonderful atmosphere.

Our city is a melting pot, so if you're feeling adventurous, try the fresh Vietnamese cuisine at **Phuong Trang** in Kearny Mesa, or **Tioli's Craze Burger** where you can try antelope, ostrich, or even a nacho cheese burger, or **Carnitas Snack Shack** where pork is taken to another level. Authentic Mexican food can be had on this side of the border—try any of **Tacos el Gordo's** three locations!

**A special thanks to Cohn Restaurant Group for supporting us for our conference. Please check out any of their fabulous award-winning restaurants!**



## **Events**

April 25

### **Gilbert Castellanos Group**

Location: The Westgate Hotel

Time: 8:00 p.m.; cost: free!

April 26 & 27

### **Adams Avenue Unplugged**

Location: Normal Heights (6 miles from the U.S. Grant Hotel)

A free musical events which takes place along the length of Adams Avenue, in mid-city's Normal Heights, North Park, and Kensington neighborhoods. 150 live musical performances staged inside restaurants, bars, coffee houses, and galleries, and on 4 community stages. The central point is Adams Park, across the street from the Young Audiences of San Diego office and adjacent to Adams Elementary School, where the young dancers in Friday's luncheon go to school. A vibrant neighborhood and a wonderful, singular event. Chris Hillman (The Byrds, Flying Burrito Bros., Desert Rose Band) & Herb Pederson are among the headliners. Featuring a slew of top-notch San Diego bands, mostly acoustic.

### **Art Walk**

Location: Little Italy (.96 miles from the U.S. Grant Hotel)

What started out 30 years ago as a small art fair in downtown San Diego created by the rebellious Installation Gallery (which got into huge trouble in the anti-artist attacks on the NEA during Jesse Helms's reign), has morphed into a huge event in nearby Little Italy underwritten by Mission Federal Credit Union. Besides artworks in every conceivable (and inconceivable) venue, there's music galore, dance (including a stage run by YASD friends, the PGK Dance Project), and family activities. A simple walk from the hotel.